



Playgym is highly successful in early childhood centres, GymSport clubs, school new entrant classes and young children's sports programmes.

Its broad base, open-ended and child-centred approach to developing children through movement is the key to its appeal for early childhood educators and parents.

Endorsed by the Brainwave Trust, Playgym stimulates brain and body development to make healthy, active and social adults.

On **1st and 2nd March 2008**, **Kapiti Gymnastics Club** will be holding a PlayGym Leaders course at **Kapiti Gymnastics Club, Scaife Drive, Mazengarb Park, Paraparaumu.**

GOALS FOR THE COURSE

At the completion of this course, participants should be able to:

- Understand PlayGym philosophy
- Understand fundamental movement patterns
- Select and use movement-based teaching methods appropriate for early childhood years.
- Experience many different types of movement activities for young children
- Select and structure learning environments appropriately
- Select and present a movement-based programme appropriate for early childhood years

Participants who complete this course will receive a Participation Certificate, Course Manual and a set of PlayGym Resource Cards with over 640 activities.

Participants may then become accredited as a Playgym Leader by completing the practical component within GymSports New Zealand's Education Programme.

The minimum age for attendance at the course is 18 years.

This is a practical course which will require enthusiastic participation in appropriate clothing.

As this is a lengthy course for adults, please, no children in attendance.

Cost per person:

- GymSports NZ Affiliated organisations - \$165.00**
- Non GymSports Affiliated organisations - \$195.00**

TO REGISTER FOR THIS PLAYGYM LEADERS COURSE, PLEASE COMPLETE THE INFORMATION BELOW AND RETURN WITH A CHEQUE FOR THE CORRECT AMOUNT TO:

**Playgym Course
Kapiti Gymnastics Club
PO Box 184
Paraparaumu**

NAME OF COURSE ATTENDEE.....

ORGANISATION.....

ADDRESS.....

.....

TELEPHONE NO.....

EMAIL ADDRESS.....

Please tick box

**GYMSPORTS NZ AFFILIATED ORGANISATION
(Cheque enclosed for \$165.00)**



**NON GYMSPORTS NZ AFFILIATED ORGANISATION
(Cheque enclosed for \$195.00)**



For more information on this course please contact Gill Snowsill ON 04 298 7010 OR kapitigym@xtra.co.nz